#### **Sanoitseu**

Sample Collection and Shipping Instructions

# $\mathbf{X}$ pw $\mathbf{a}$

MdXhealth.com

#### Specimen collection in 5 easy steps:

- Verify kit contents
- 2 Prep
- 3 Collect
- 4 Transfer
- 5 Ship

#### Note:

If unable to ship on the day of collection, maintain at room temperature and ship immediately the following business day.

Sample must be received by mdxhealth within 5 days of collection.

## 1 Verify kit contents



Specimen Tube (2x)



Requisition Form



Urine Collection Cup



Specimen Tube Label (2x)



Cleansing Towelette



Collection Kit Box



Biohazard Bag



FedEx Clinical Pak/Return Label

Instructions continued >

## 2 Prep

- 1. Fill out Specimen Tube Label with patient's first and last name, date of birth and adhere to the Specimen Tube.
- 2. Complete all fields on the **Test Requisition Form**, including Specimen Information, ICD-10 codes, and physician signature.
- 3. Select the panel(s) to be ordered by checking the appropriate box(es).







### **3** Urine Collection (for patient)

- 1. Wash hands and clean genital area using the Cleansing Towelette.
- 2. Remove lid from Urine Collection Cup and place on a flat surface (do not touch inside of lid or cup).
- **3.** Begin urinating into toilet. Hold the **Urine Collection Cup** under the stream of urine without stopping and fill container ¾ full. Secure lid once complete.
- 4. Wash hands.









#### 4

#### Transfer (for provider)

- Remove yellow label from the lid on the Urine Collection Cup to reveal the rubber-coated needle.
- 2. Press rubber cap end of **Specimen Tube** onto rubber-coated needle to begin vacuum transfer. Hold **Specimen Tube** in place until the transfer is complete. Urine should be above the "Min Fill" line in the **Specimen Tube\***.
  - Fill two (2) Specimen Tubes if submitting for both UTI and STI testing.
- Remove Specimen Tube (do not remove rubber cap) and place inside Biohazard Bag.









## 5 Ship

- Place the completed Test Requisition Form in the outside pocket of the Biohazard Bag. Place the Biohazard Bag inside the Collection Kit Box.
- 2. Insert the Collection Kit Box into the FedEx Clinical Pak.
- 3. Schedule a FedEx pick-up by calling 800-GO-FEDEX (800-463-3339).









<sup>\*</sup> Samples below "Min Fill" line will be rejected.